

# Conversation Guide



## HCBS REQUIREMENT #3: RIGHT TO PRIVACY

“Let’s see how a motivational speaker, a cosmic service provider and a sci-fi rerun all taught Maya and Dexter the importance of privacy.”

### Welcome!

We will be using Tri-Counties Regional Center’s HCBS Final Rule: The Animated Series videos, as conversation starters to look at real life situations through different perspectives. We will then have the opportunity to break into small groups to talk about how HCBS Final Rule Requirements affect people in their day-to-day lives.

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## Introductions: Why We’re Here (~10 minutes)

Share your name and what drew you here to this conversation.

## Conversation Agreements: How We’ll Engage (~5 minutes)

- **Be curious and listen to understand.** Conversation is as much about listening as it is about talking. You might enjoy exploring how others’ experiences have shaped their values and perspectives.
- **Show respect and suspend judgment.** Try to truly listen, without interruption or crosstalk
- **Notice where we agree as well as any differences.** Look for areas of agreement or shared values that may arise and be curious of beliefs and opinions of others.
- **Be authentic and welcome that from others.** Share what’s important to you. Speak from your experience. Be considerate of others who are doing the same.
- **Be purposeful and to the point.** Do your best to keep your comments brief. Be conscious of sharing airtime with other participants.
- **You are responsible for the quality of your participation.**

## Conversation Rounds: What We’ll Talk About (~5 minutes)

### HCBS Requirement #3: Right to Privacy

People with disabilities have the right to Privacy, Dignity, and Respect. They must have the same right to privacy as you or me.

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## Round One: Getting to Know Each Other (~10 minutes)

Share your thoughts on **one** of the following questions.

- What does it mean to you to have dignity and/or privacy?
- How does it feel when you know you are being respected?

## Round Two: Exploring the Topic of the Day Part 1 (~15 minutes) HCBS Requirement #3 Right to Privacy

Watch video:

[HCBS Requirement #3 Right to Privacy for People Receiving Services](#)



**Person Receiving Services Point of View**

**Step into the roles of Maya and Dexter:**

Share your thoughts on **one** of the following questions.

- How do you think Maya felt?
- What do you think was most important to Maya in this situation?
- How did Dexter feel?

## Round Three: Exploring the Topic of the Day Part 2 (~15 minutes)

Watch video:

[HCBS Requirement #3 Right to Privacy for Service Providers](#)



**Service Providers' Point of View**

**Step into the role of Venus:**

Share your thoughts on **one** of the following questions.

- How do you think Venus felt in this situation?
- What did Venus do to support both Dexter and Maya's privacy, dignity and respect?

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## Round Four: Possibilities (~10 minutes)

Share your thoughts on the following question.

- What are some other ways Venus could have taught Dexter about privacy, dignity, and respect?

## Round Five: What can I do? (~15 minutes)

Share your thoughts on **one** of the following questions.

- How can I educate people to know what the right to privacy, dignity, and respect means?
- How do I advocate for my right to privacy, dignity, and respect and what it means to me?
- How do I know what people want and don't want in their support?

## Closing Round (~5 minutes)

What is one thing you appreciated about our conversation today?

If you would like more information about the HCBS Curious Conversations email [hello@helensandersonassociates.com](mailto:hello@helensandersonassociates.com)

This guide is based on Living Room Conversations. To learn more about Living Room Conversations go to [livingroomconversations.org/get-involved/](http://livingroomconversations.org/get-involved/)

# Top Tips for Hosts



## Interested in hosting a Curious Conversation? Here are some tips to get you started.

- Before you start, test the videos to make sure they are working.
- If you are hosting a group of 10 or less do introductions all together, if hosting a group larger than 10 do this in breakout rooms or tables with 4-5 people.
- Conversation agreements will set the tone of our conversation-read them aloud.
- Invite each group to choose a:
  - Facilitator to keep the conversation going.
  - Timekeeper to keep track of time and gently let people know when their time is up.
- Animated Videos will be shown to everyone together.
- Each Conversation Round will be done in small groups of 4-5 people in breakout rooms or at tables.
- During the Closing Round thank everyone for joining and ask everyone to share 1 thing they appreciated about the conversations they had.
- Remind people of when the next Curious Conversation will take place.

*“Whoever comes is the right people.  
Whatever happens is the only thing that could have.”*  
~Open Space Technology

If you would like more information about the HCBS Curious Conversations  
email [hello@helensandersonassociates.com](mailto:hello@helensandersonassociates.com)