

# Conversation Guide



## HCBS REQUIREMENT #10: ACCESSIBILITY

"See how a game show, a cold breakfast, and a 24-hr construction crew helped Lorenzo feel more at home."

### Welcome!

We will be using Tri-Counties Regional Center's HCBS Final Rule: The Animated Series videos, as conversation starters to look at real life situations through different perspectives. We will then have the opportunity to break into small groups to talk about how HCBS Final Rule Requirements affect people in their day-to-day lives.

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## Introductions: Why We're Here (~10 minutes)

Share your name and what drew you here to this conversation.

## Conversation Agreements: How We'll Engage (~5 minutes)

- **Be curious and listen to understand.** Conversation is as much about listening as it is about talking. You might enjoy exploring how others' experiences have shaped their values and perspectives.
- **Show respect and suspend judgment.** Try to truly listen, without interruption or crosstalk
- **Notice where we agree as well as any differences.** Look for areas of agreement or shared values that may arise and be curious of beliefs and opinions of others.
- **Be authentic and welcome that from others.** Share what's important to you. Speak from your experience. Be considerate of others who are doing the same.
- **Be purposeful and to the point.** Do your best to keep your comments brief. Be conscious of sharing airtime with other participants.
- **You are responsible for the quality of your participation.**

## Conversation Rounds: What We'll Talk About (~5 minutes)

### HCBS Requirement #10: Accessibility

This means that a home must be easily accessible for all that live there.

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## Round One: Getting to Know Each Other (~10 minutes)

Share your thoughts on **one** of the following questions.

- How do you feel when you can't get to something that is out of your reach?
- What does accessibility mean to you?

## Round Two: Exploring the Topic of the Day Part 1 (~15 minutes) HCBS Requirement #10 Accessibility

[Watch video:](#)

[HCBS Requirement #10 Accessibility for People  
Choosing Services and Supports](#)



### Person Receiving Services Point of View

#### Step into the role of Lorenzo:

Share your thoughts on **one** of the following questions.

- How do you think Lorenzo felt when he couldn't cook what he wanted?
- How were Lorenzo's ideas for the kitchen received?
- How do you think Lorenzo felt after the renovations?

## Round Three: Exploring the Topic of the Day Part 2 (~15 minutes)

[Watch video:](#)

[HCBS Requirement #10 Accessibility for  
Service Providers](#)



### Service Providers' Point of View

#### Step into the roles of Nova:

Share your thoughts on **one** of the following questions.

- How do you think Nova felt when she saw the difficulty Lorenzo was having?
- What was Nova's responsibility in this situation?
- What could Nova do if renovations could not have been done so quickly?

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## Round Four: Possibilities (~10 minutes)

Share your thoughts on the following question.

- How can Nova support Lorenzo and his housemates to have access to all parts of the home?

## Round Five: What can I do? (~15 minutes)

Share your thoughts on **one** of the following questions.

- What can I do to support people to have access to all areas of their home? Or advocate for myself to have access to all areas of my home?
- How can I intentionally learn about what is important to people in regards to accessibility? Or how can I intentionally express what is important to me in regards to accessibility?

## Closing Round (~5 minutes)

What is one thing you appreciated about our conversation today?

If you would like more information about the HCBS Curious Conversations email [hello@helensandersonassociates.com](mailto:hello@helensandersonassociates.com)

This guide is based on Living Room Conversations. To learn more about Living Room Conversations go to [livingroomconversations.org/get-involved/](http://livingroomconversations.org/get-involved/)

# Top Tips for Hosts



## Interested in hosting a Curious Conversation? Here are some tips to get you started.

- Before you start, test the videos to make sure they are working.
- If you are hosting a group of 10 or less do introductions all together, if hosting a group larger than 10 do this in breakout rooms or tables with 4-5 people.
- Conversation agreements will set the tone of our conversation-read them aloud.
- Invite each group to choose a:
  - Facilitator - to keep the conversation going.
  - Timekeeper - to keep track of time and gently let people know when their time is up.
- Animated Videos will be shown to everyone together.
- Each Conversation Round will be done in small groups of 4-5 people in breakout rooms or at tables.
- During the Closing Round thank everyone for joining and ask everyone to share 1 thing they appreciated about the conversations they had.
- Remind people of when the next Curious Conversation will take place.

*“Whoever comes is the right people.  
Whatever happens is the only thing that could have.”*

~Open Space Technology

If you would like more information about the HCBS Curious Conversations  
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