

# Challenges and Supports



 <b>Challenges – Things that can get in the way of having my rights respected</b>	 <b>Supports – Things that can help people respect my rights</b>
<p>What things are getting in the way of my rights being respected?</p>	<p>What things are helping me live my rights?</p>
<p>How can we get around some of these obstacles?</p>	<p>How can we build on supports?</p>

