

# We all have rights!



You and your partner have rights! Some of these are human rights; basic rights that all people have just for being human. These include things like the right to be safe, the right to privacy, and the right to make choices about your life.

You also have disability rights, which support people who receive services. These rights make sure people with disabilities have the same opportunities as everyone else. They help remove barriers, provide support when needed, and make sure you can fully take part in your community, your services, and your daily life.

## Partner discussion

Take turns with your partner answering the following questions:

What does the word “rights” mean to you?

Can you think of a time when someone respected your choice? How did it feel?

