



## Activity

You are a direct support professional supporting Sean at “Thrive.” As the trimester ends, new classes are about to begin, and it’s time for Sean to select his classes. These classes run for 13 weeks, and to Sean, this is a significant decision that will impact how he spends the next 3 months of his life. Using your learning from Sean’s Decision-Making Profile, reflect on the following questions:

How would you present the class options to Sean in a way that aligns with what you know about his preferences and communication style?

How would you physically position yourself to make sure Sean feels comfortable, respected, and involved in the decision-making process?

How might you encourage Sean to express his thoughts or concerns during the selection process?

After Sean has made his choices, how would you confirm with him that he feels comfortable with his selections?