

What people like and admire about me...

- Maria is good to be around; she is energetic and fun
- Maria is determined; she finds a way to get what she deserves
- Maria is a whiz on computers
- Maria is a good friend
- We could all learn something from Maria, she is a good teacher
- Maria works hard, she really earns what she gets

What is important to me...

- To work for a living. She is pursuing a career in hairdressing.
- Maria loves her family. She especially enjoys spending time with her Mum
- A partner someone to love. Maria is currently on the look out for a good match.
- Having access to the internet. This is for all sorts of things such as online shopping, keeping up to date with Facebook friends, and looking at funny Youtube clips.
- Pop music. Maria likes to download and listen to current music, as well as make time to see the occasional gig.
- 'The Apprentice' Maria finds the people funny, and also likes the determination some of them show to become successful
- Being on time
- It is important to Maria is to do her shopping by herself.
- It is important to give Maria space when she wants to do something on her own.
- Maria loves a coffee and a cake in the supermarket café after she has bought her shopping.
- It is important to Maria to take her time whilst shopping. No rush.

How to support me well...

- Maria needs you to understand and believe in her. This gives her the confidence she needs to try things out.
- Support Maria to find time in her calendar to see her Mum. Help her check what is available and she will choose.
- When Maria is seeing a friend, be inconspicuous and try not to interfere
- Try your very best not to be late, Maria likes to be on time and being late for work is not an option
- If there is a problem, be open and honest about it, but allow time for Maria to try and work out the solution herself.
- Make sure Maria can see the way out of a shop or public building, or she gets confused and lost.
- On arriving at the shop together, It is important that Maria's supporter waits outside whilst Maria carries on with her shopping inside.
- To have a telephone with her family's, friends' and supporters' numbers, in case of an emergency or if she gets lost