

What people like and admire about me...

Maria is good to be around; she is energetic and fun Maria is determined; she finds a way to get what she deserves

Maria is a whiz on computers

Maria is a good friend

We could all learn something from Maria, she is a good teacher

Maria works hard, she really earns what she gets

What is important to me...

To work for a living. She is pursuing a career in hairdressing.

Maria loves her family. She especially enjoys spending time with her Mum

A partner – someone to love. Maria is currently on the look out for a good match.

Having access to the internet. This is for all sorts of things such as online shopping, keeping up to date with Facebook friends, and looking at funny Youtube clips.

Pop music. Maria likes to download and listen to current music, as well as make time to see the occasional gig.

'The Apprentice' – Maria finds the people funny, and also likes the determination some of them show to become successful

Being on time

It is important to Maria is to do her shopping by herself.

It is important to give Maria space when she wants to do something on her own. Maria loves a coffee and a cake in the supermarket café after she has bought her shopping.

It is important to Maria to take her time whilst shopping. No rush.

How to support me well...

Maria needs you to understand and believe in her. This gives her the confidence she needs to try things out.

Support Maria to find time in her calendar to see her Mum. Help her check what is available and she will choose.

When Maria is seeing a friend, be inconspicuous and try not to interfere

Try your very best not to be late, Maria likes to be on time and being late for work is not an option

If there is a problem, be open and honest about it, but allow time for Maria to try and work out the solution herself.

Make sure Maria can see the way out of a shop or public building, or she gets confused and lost.

On arriving at the shop together, It is important that Maria's supporter waits outside whilst Maria carries on with her shopping inside.

To have a telephone with her family's, friends' and supporters' numbers, in case of an emergency or if she gets lost