

HCBS

COMMUNITY OF PRACTICE



SESSION TOPIC: Empower Choices: Community Access and Mapping for Meaningful Contribution

HCBS REQUIREMENT #1

Acknowledgements

Thank you to all who share a commitment to building a community where everyone can thrive.

This HCBS Community of Practice is made possible by funding from the Department of Developmental Services and the collaboration of the following organizations.



Explore Community of Practice resources at helensandersonassociates.com/hcbs-community-of-practice/

HCBS QUALITY REQUIREMENT #1: ACCESS TO COMMUNITY

What does Access to Community mean?

This means that people with disabilities have the same opportunity to be an active and included member of their neighborhood and community as someone without disabilities. People should have opportunities to:

- Find competitive employment working alongside people without disabilities.
- Participate in local activities.
- Have services provided in the community just like people without disabilities.

How are you doing?

Does the provider support the person to spend time in places where other people living in your community go? (examples: stores, restaurants, bank, places of worship)

☐ Yes

☐ No

Does the provider support the person to do what they want in their community? (examples: go to a gym, visit the library, take a class)

☐ Yes

☐ No

Do individuals receive services in the same places as people without disabilities?

☐ Yes

☐ No

Does the provider support the person to do as much as they want in the community?

☐ Yes

☐ No

If answered “no,” what changes could be made so that people have more chances to be part of the community?

SELF REFLECTION

What does community mean to you?

What different communities do you belong to?

How does it feel when you are a contributing member within your community?

COMMUNITY MAPPING

What it does

Community mapping gives a graphic representation of what is happening in the community – places and people. It is a way to learn about the possible associations in your community.

How it helps

It helps to discover what is unique about the community and common gathering places. It finds out what people do for fun, where people feel valued and welcomed. It identifies the various organizations and networks in your local community. It matches the person's interests, gifts and skills with what is present in the community.

Tips



- Work with the person and those closest to the person to discover new places and possibilities. There is power in multiple perspectives when mapping.
- You can use google maps or other online services to discover new locations.
- Use Google My Map to tag places and insert notes once you have completed the community map.
<https://www.google.com/maps/about/mymaps/>

How to use it

Invite people to create a map that includes significant places and people. Gather information by talking to others, checking out newspapers, newsletters, and the internet.

Ask:

- What places don't require transportation?
- What places do require transportation?
- What are the major streets for shopping and entertainment?
- What are the public places (community centers) where people go?
- Where is the center of the community?
- What are favorite places to shop?
- What is unique to your community?
- Where are the informal places that people hang out?
- Who are helpful people and where can they be found?

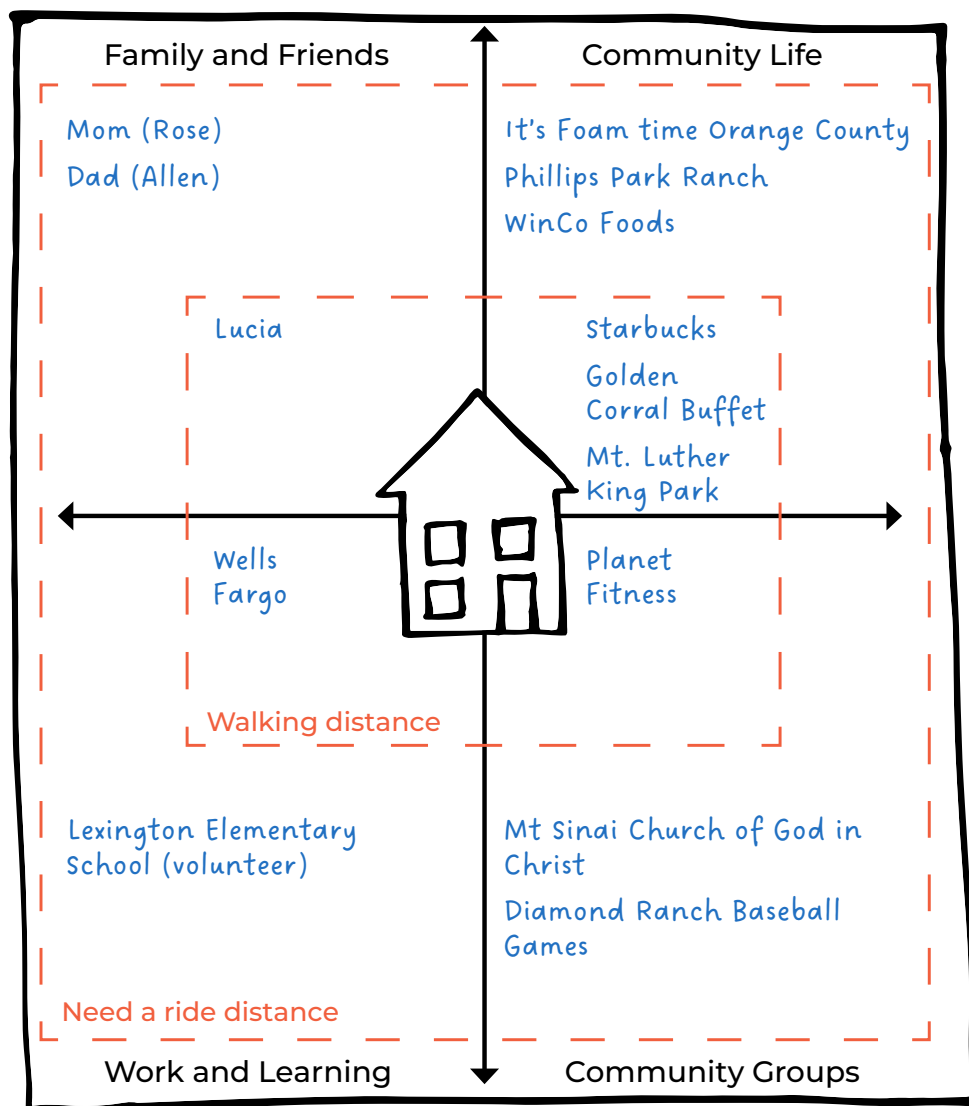
** Please note some of these sites may not be HIPAA compliant, do not input a persons personal information.

COMMUNITY MAPPING

Jessica

Jessica's family and support staff worked on helping her create her community map. By doing this they were able to identify things that were important to her in becoming a valued member of his community. The map captured people and places important to her, also identifying places Jessica wanted to go more frequently.

See Jessica's Google My Map here: [Click here for Jessica's Google My Map](#)



Exploring Kristi's Community

Using the map below and what you know about Kristi, work with your teams to create a Community Map for Kristi.

Kristi just moved to the area and is looking to get to know her community.

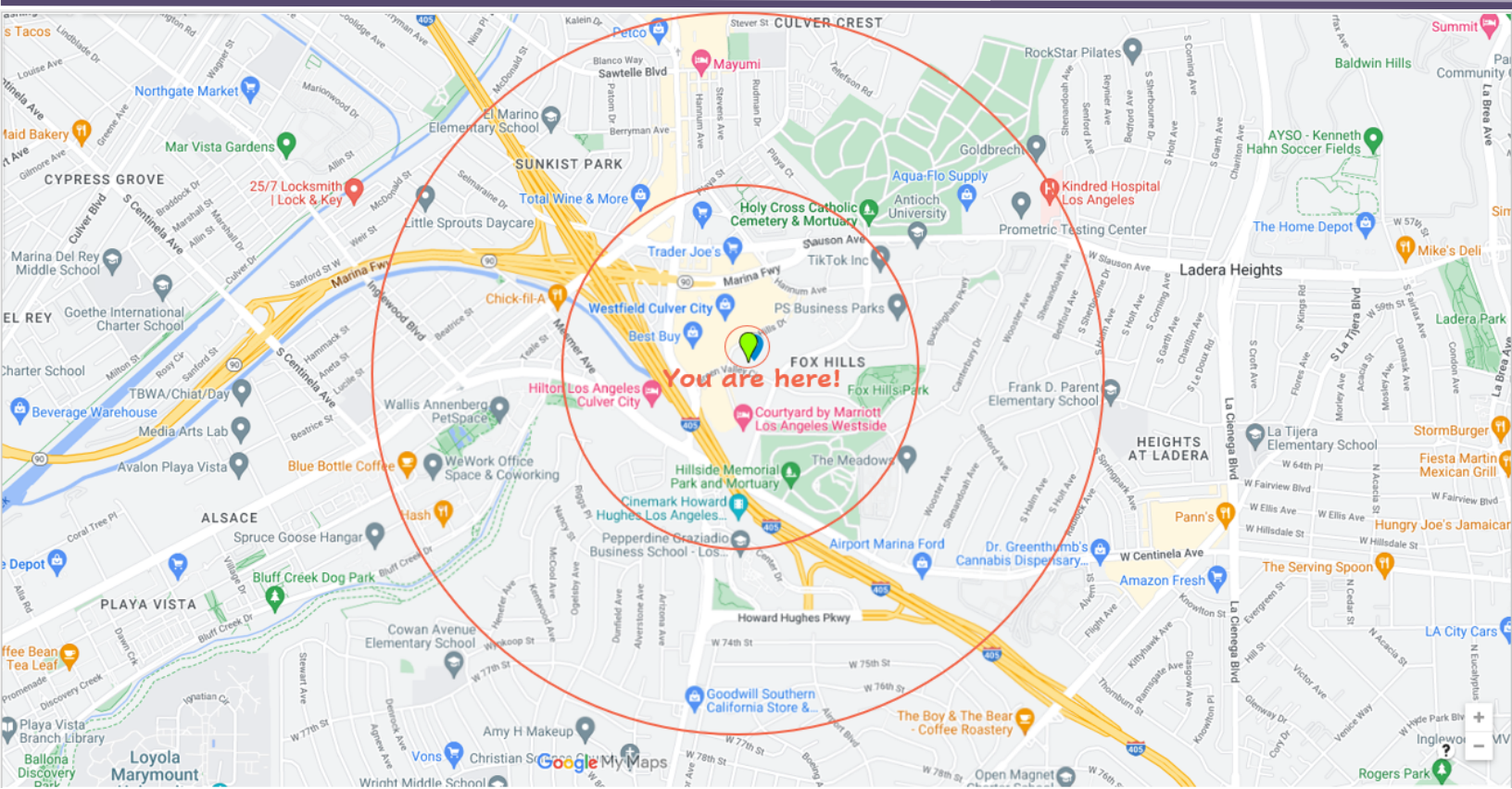
- Kristi just moved to the area and is looking to get to know her community.
- She enjoys working with children and would love to find a job or volunteer opportunity.
- She enjoys being outdoors and going for walks with Bella, her dog.
- She tries to work out two times a week.
- Kristi loves to learn and is interested in taking a few classes if there is a local college within her community.
- Kristi and her sister enjoy going to the movies together when they have the opportunity.



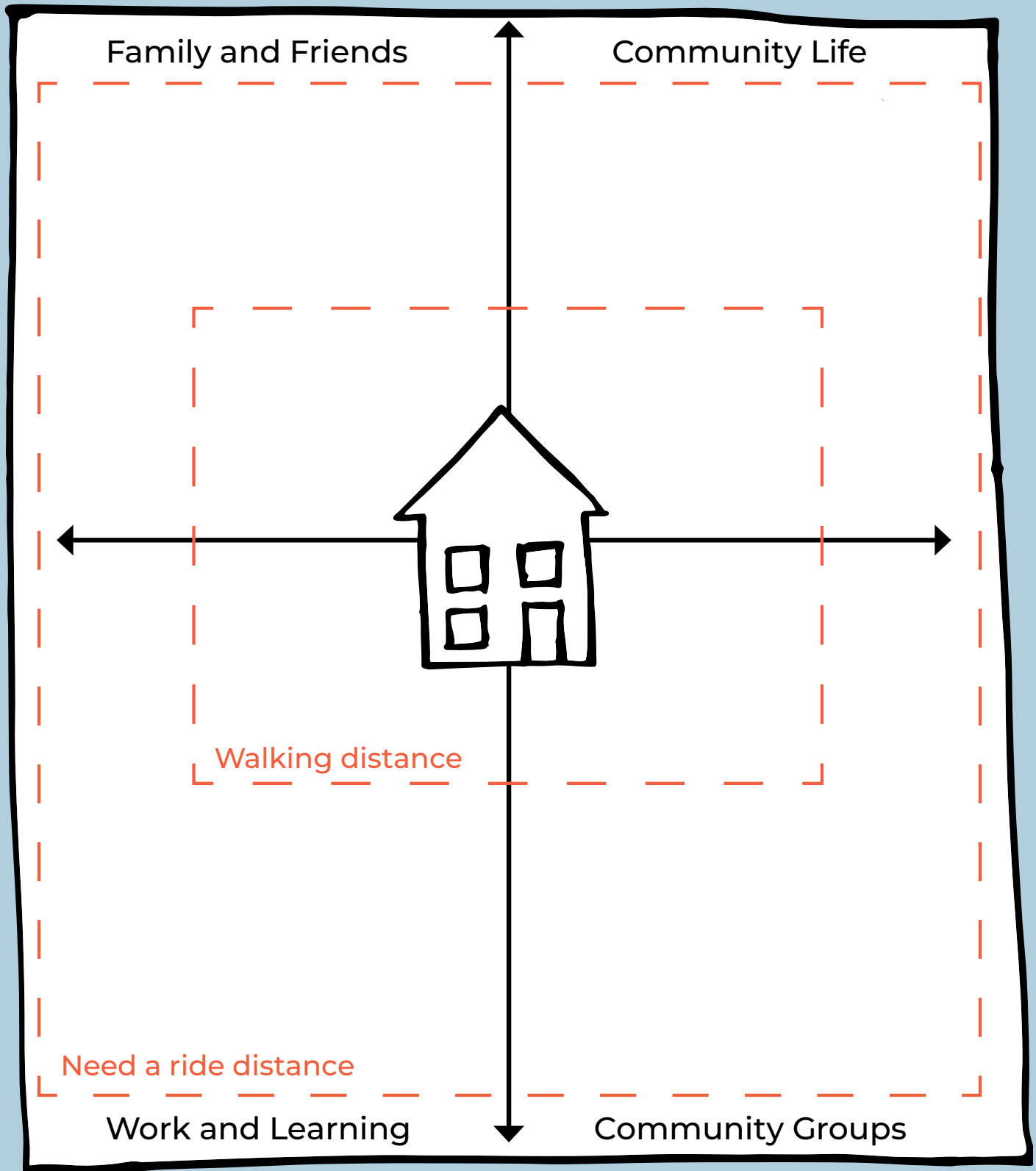
Use your cameras to explore
Kristi's Community on
Google Map

You will find a blank template on your table or page 9 in your workbook.

Inner Circle - .5 miles
Outer Circle - 1 mile



COMMUNITY MAPPING



MOVING TO ACTION

Think about one person you support that may benefit from community mapping:

What is important to the perso when accessing their community?

Where do they enjoy spending time?

How will you map their community? (I.e. use the template, google my map, walk/stroll the community, etc.)

Who might you involve when doing this? (Who are the people that know and care about the person?)

What support do you need to make this happen?

By when can you do this?

