
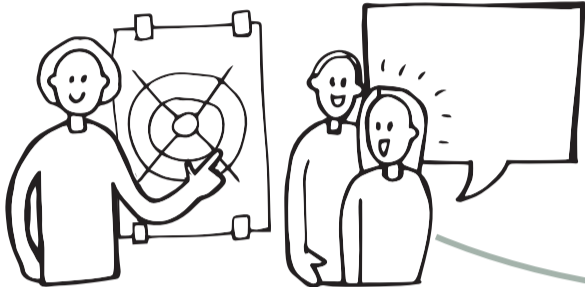


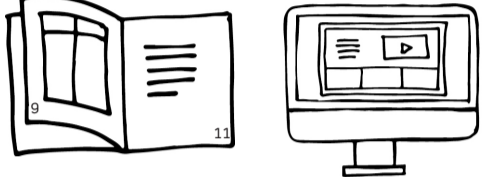



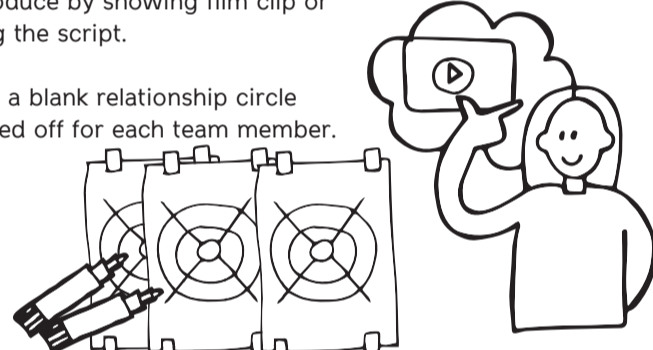
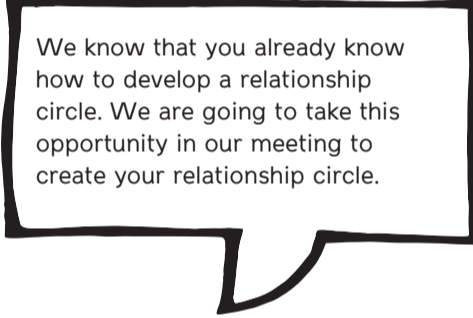
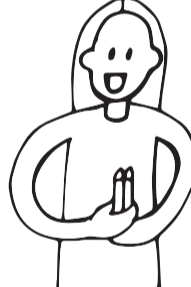
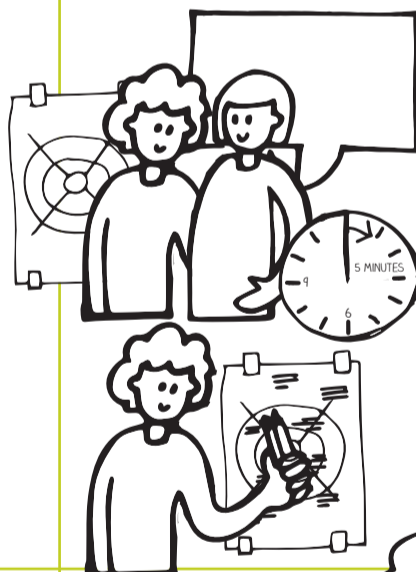
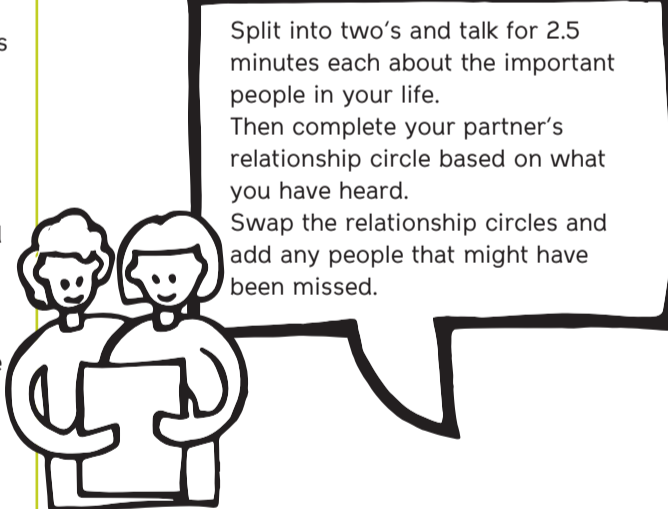


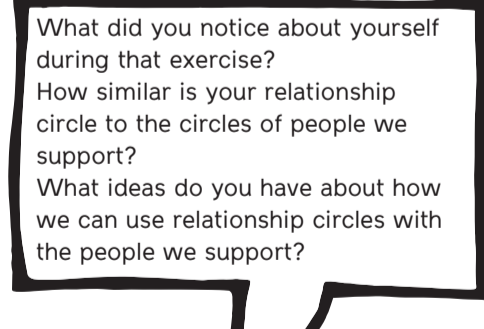


TEAM 15 • RELATIONSHIP CIRCLES

AGENDA ITEM

TIME	WHAT	WHO	OUTCOME	PLEASE COME PREPARED
 15 minutes	 Practicing relationship circles - how well do you know your person-centred thinking tools?	 Your name	 We have practiced developing a best practice relationship circle.	 Read page 9 - 11 of the 'Key points and top tips' book or re-look at the relationship circles module on your e-learning.

TEAM 15 SESSION PLAN - PRACTICING

HOW LONG	ACTIVITY	HOW TO DO IT	WHAT TO SAY
1 Minutes	 Practicing relationship circles.	Introduce by showing film clip or using the script. Have a blank relationship circle printed off for each team member. 	 We know that you already know how to develop a relationship circle. We are going to take this opportunity in our meeting to create your relationship circle.
10 Minutes	 Creating your relationship circle.	 <p>Split team members into pairs and ask them to spend 5 minutes (2.5 minutes each) talking about the important people in their lives.</p> <p>Then ask them to fill in each other's relationship circles based on what they have heard.</p> <p>Then hand the circle back to your partner and add any people who might have been missed from the circle.</p>	 Split into two's and talk for 2.5 minutes each about the important people in your life. Then complete your partner's relationship circle based on what you have heard. Swap the relationship circles and add any people that might have been missed.
4 Minutes	 Reflections.	 Ask people to share any reflections from developing the relationship circle.	 What did you notice about yourself during that exercise? How similar is your relationship circle to the circles of people we support? What ideas do you have about how we can use relationship circles with the people we support?