



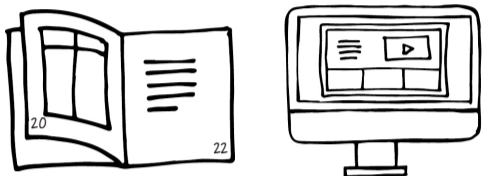




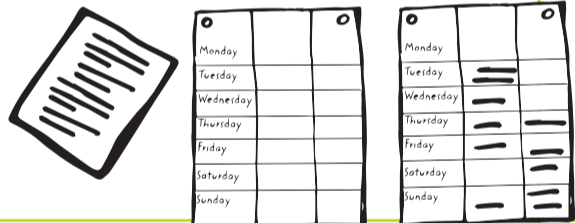

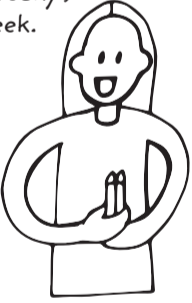
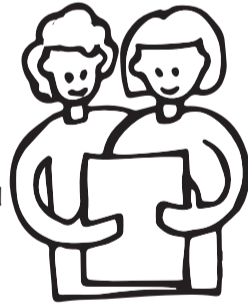

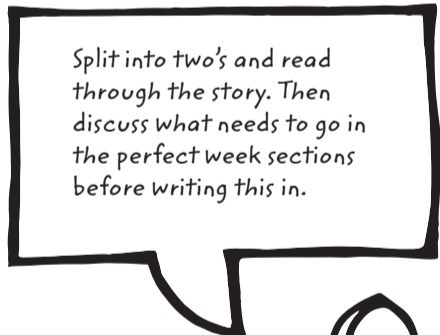

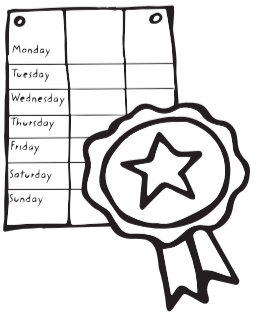
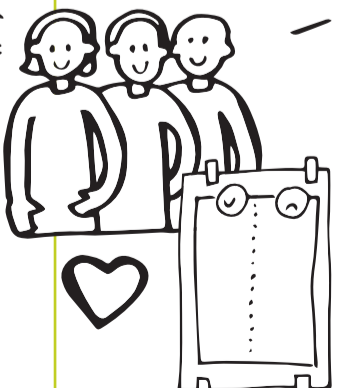



## TEAM 15 • PERFECT WEEK

### AGENDA ITEM

TIME	WHAT	WHO	OUTCOME	PLEASE COME PREPARED
 15 minutes	 Practicing the perfect week - how well do you know your person-centred thinking tools?	 Your name	 We have practiced developing a best practice perfect week.	 Read page 20 to 22 'Key points and top tips book' or re-look at the perfect week module on your e-learning.

### TEAM 15 SESSION PLAN - PRACTICING

HOW LONG	ACTIVITY	HOW TO DO IT	WHAT TO SAY
2 Minutes	Practicing the perfect week. 	Introduce by showing film clip or using the script.  Have Becky's perfect week story printed off, a perfect week blank template and Becky's completed perfect week.  	 <p>We know that you already know how to develop a perfect week. We are going to take this opportunity in our meeting to create a perfect week from Becky's story.</p>
10 Minutes	Create a Becky's perfect week. 	Split team members into pairs and ask them to read Becky's story.  Then ask them to fill in the perfect week based on what they have learned from reading Becky's story.  	 <p>Split into two's and read through the story. Then discuss what needs to go in the perfect week sections before writing this in.</p> 
3 Minutes	Quality checking. 	Get the pairs to check that they have included the following in the perfect week: <ul style="list-style-type: none"> <li>• Important people.</li> <li>• What matters to the person.</li> <li>• Important places.</li> <li>• Aspirations and outcomes (that have come from what's working and not working, dreams for the future).</li> </ul> Give them Becky's actual perfect week to check against the one that they have developed. 	 <p>Now that you have completed the perfect week, have a look to check that you have included the people who are important to Becky, what matters to her, the places where she likes to spend her time and her aspirations and outcomes.</p> <p>Here's her actual Perfect Week, how close are you to it?</p>