
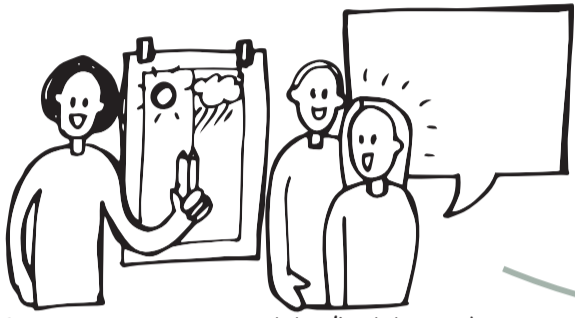

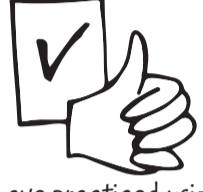
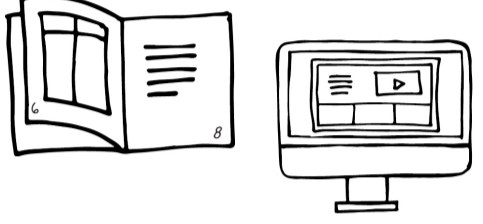



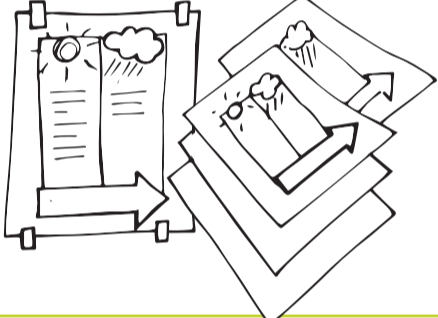


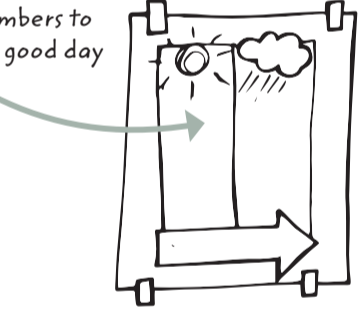
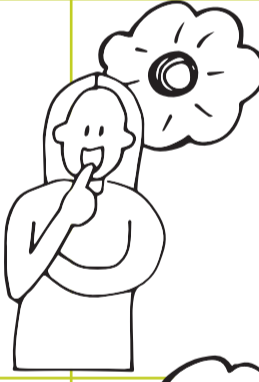

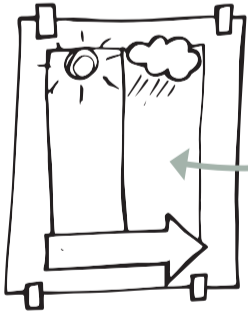



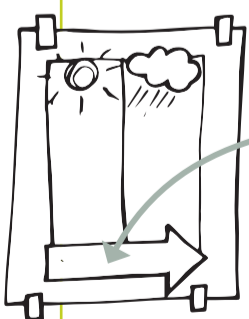


TEAM 15 • GOOD DAY/BAD DAY

AGENDA ITEM

TIME	WHAT	WHO	OUTCOME	PLEASE COME PREPARED
 15 minutes	 Practicing using the good day/bad day tool - how well do you know your person-centred thinking tools?	 Your name	 We have practiced using the good day/bad day tool.	 Read pages 6 to 8 in the Key points and 'Top Tips book' or re-look at the good day/bad day module on your e-learning.

TEAM 15 SESSION PLAN - PRACTICING

HOW LONG	ACTIVITY	HOW TO DO IT	WHAT TO SAY
1 Minute	 Practicing using the good day/bad day tool.	Introduce by showing film clip or using the script. Have a blank good day/bad day template printed off for each person present. Have the completed good day/bad day example for people to read. 	 <p>We know that you already familiar with the good day/bad day tool. We are going to take this opportunity in our meeting to practice using it.</p>
5 Minutes	 Completing the good day/bad day tool.	Ask team members to complete the good day column. 	 <p>Think about a typical work day for yourself. What needs to be present for you to have your very best day. Begin at the beginning and start by thinking about getting ready for work, then think about the rest of the day. Only include things that have happened to give you a good day, lets keep it realistic.</p>
5 Minutes	 Completing the good day/bad day tool.	Ask team members to complete their own bad day column. 	 <p>Now think about the things that you know contribute to you have a bad day at work, make a list.</p>
4 Minutes	 Capturing learning and ideas.	Get team members to share ideas that will help them have more good days and fewer bad days at work. 	 <p>What needs to happen so that you can have more good days at work, write down 1 thing that could be done differently in the arrow on the good day/bad day template?</p> <p>Now lets hear your ideas, can each of you share one idea with the group from your template.</p>