



Your Team 15 for today is the learning log. If you're supporting somebody on a daily basis, then you're finding out about them all the time, you're finding out about things that work well for them, and the things that don't. Unless we've got a way of sharing that knowledge, then that information stays with us, and we can't use it to effect change for that person.

The learning log is a really useful way of recording this kind of vital information, so that we can act upon it. You can use a learning log to record and share any ongoing learning about a particular situation – the things that worked well for the person in that situation, and the things that didn't work so well in that situation or event or activity. Sharing this information is particularly important when somebody receives support from multiple people.

Either on your own or with a team of people complete that learning log; you're describing what you've learned about the situation, not just the events or behaviors that you see. So you will be thinking about what went well, and 'What did I learn from that and what am I going to do next time?' – and you're going to be thinking about what didn't go so well; 'What did I learn from that, and what will I do differently next time?' And then, if we're acting upon information that we've learned, we can have a really positive impact on that person's quality of life. Once you have a completed learning log, then you can use that information to update other person-centred thinking tools particularly the person's one-page profile.