



The activity you're going to do now is looking at the doughnut, and you're going to be thinking about putting together a doughnut for a particular area of your work – so that might be something like welcoming a new team member on their first day, or it might be administering medication, or perhaps what you must do when you have an initial visit to a new person who you're supporting.

What you're going to do first as a group is to consider the things that are a core responsibility of that part of your job, and write down all of those things – the things that, you know, must happen; that there is no flexibility on. Secondly, you're going to then think about the parts of that job role where you can use your judgment and creativity – where you can be experimental and try new things – and detail exactly how and when and where you can do that. And finally, you'll be thinking about 'Are there any aspects of that job role that are not your responsibility?' And you're going to be adding that to the third section of the doughnut.