

Jessica

One-Page profile

What people like and admire about me

- Warm, welcoming
- Can be Interesting
- Funny
- Stubborn

What's important to me:

- My husband Mike
- My daughters
- Having time when I can read in peace.
- Meeting my friends Diana and Becky regularly
- Taking Sofia and Eve to dancing
- Being able to speak to Gemma and Karen
- To work with great people
- To work in a good environment

How best to support me:

- Know that sometimes I need to be on my own
- Every few months I need some quality time for me
- If I have a lot of paperwork or planning support me to get it done
- I can get overwhelmed, support me by encouraging me to talk
- Know that sometimes I avoid making phone calls I think may be difficult.
- I have a tendency to promise more than I might be able to deliver.