

## TITLE: Places and Possibilities

**SUBTITLE:** Supporting your team in aligning person centered practices with the HCBS Final Rule

**SUGGESTED TIME:** 47 minutes

**MATERIALS NEEDED:** Places and Possibilities Activity Packet for each team member, blank paper or large post-it paper, pens. *Optional: Gifts and Capacities*

LENGTH	TITLE	ACTIVITY	WHAT YOU CAN SAY
2 min	<p><b>Welcome</b></p> 	<p>Connecting your team to the purpose of today's video</p> <p><b>HOW TO DO IT:</b></p> <ul style="list-style-type: none"> <li>Gather your team around a screen so they can see and hear the video.</li> <li>Print the Five Valued Experiences Packet for each team member.</li> </ul>	<p>"The last time we met, we discovered a skill that will support us in identifying a person's gifts and strengths.</p> <p>Today, we will be introduced to a skill that will support us in taking the next step. Now that we have identified a person's gifts, we must start exploring places within the community that will welcome the person and their contributions.</p> <p>This video will help us get started in exploring our community."</p>
9 min	<p><b>Play Video</b></p> 		
5 min	<p><b>Self Reflection</b></p> 	<p>Explore places within the community where people can thrive.</p> <p><b>HOW TO DO IT:</b></p> <ul style="list-style-type: none"> <li>Pause the video at <b>9 min 45 sec</b></li> <li>Give 5 minutes to complete the first four questions on the places and possibilities activity sheet</li> <li>Determine if you would like your team to use the skill on themselves or on someone that your organization supports</li> </ul>	<p>"Before we start, I'd like everyone to do this skill on yourself or someone our organization supports.</p> <p>When answering the first four questions, I encourage us to challenge ourselves and consider the person's gifts, capacities, and passions. Where are ordinary places within our community where their gifts will be welcomed that we may not have thought of already?"</p>



Encourage people not to get stuck on places going in the "correct" column. Focus on capturing the places rather than where they go.

If your team completed the "Gifts and Capacities" activity, encourage them to use that activity sheet to ensure they are exploring places that will welcome their gifts.

<p><b>2</b> min</p>	<p style="text-align: center;"><b>Play Video</b> </p>		
<p><b>20</b> min</p>	<p><b>Group Activity</b></p> 	<p>To discover what more is possible and the actions needed to connect people to their community.</p> <p><b>HOW TO DO IT:</b></p> <ul style="list-style-type: none"> <li>• Pause Video at <b>11 min and 15 sec</b></li> <li>• Group your team into partners <ul style="list-style-type: none"> <li>○ 5 Minutes to share what they wrote</li> <li>○ 5 Minutes to brainstorm next steps</li> <li>○ Switch</li> </ul> </li> </ul>	<p>"Let's take a moment to partner up. We are going to spend 20 minutes on this activity so each of you has the opportunity to share and brainstorm the next steps with your partner.</p> <p>The first person will spend 5 minutes reviewing what they wrote in the first four columns.</p> <p>After 5 minutes, you will have another 5 minutes to brainstorm with your partner, answering the last two questions.</p> <p><b>After 10 minutes, switch.</b></p> <p><b>Optional:</b> After the activity, you can take extra time to ask each team member to share their action steps.</p>
<p><b>FACILITATOR Tip(s)</b> </p> <ul style="list-style-type: none"> <li>• <i>Be sure to capture people's ideas. It is also essential to validate and thank people for their contributions as they share ideas!</i></li> <li>• <i>Create a plan with your team on how to move forward with their ideas. Identifying supports needed and when you plan to follow up.</i></li> </ul>			
<p><b>2</b> min</p>	<p style="text-align: center;"><b>Play Video</b> </p>		
<p><b>5</b> min</p>	<p><b>Group Discussion</b></p> 	<p>Brainstorm ideas on how to use Places and Possibilities within your organization.</p> <p><b>HOW TO DO IT:</b></p> <ul style="list-style-type: none"> <li>• Use a blank piece of paper to capture</li> </ul>	<p>"We already have some great ideas for individual actions, now lets think about how we can embed this skill in our organization. Does anyone have any ideas on how we can use the skill in our daily practices?</p> <p>We can do a round or start popcorning ideas."</p>
<p><b>2</b> min</p>	<p><b>What's Next</b></p>	<p style="text-align: center;"> <b>SUGGESTED NEXT VIDEO:</b> What more is possible?</p>	