




TITLE: Gifts and Capacities

SUBTITLE: Supporting your team in aligning person centered practices with the HCBS Final Rule

SUGGESTED TIME: 42 minutes

MATERIALS NEEDED: Gifts and Capacities Activity Packet for each team member, blank paper or large post-it paper, pens

LENGTH	TITLE	ACTIVITY	WHAT YOU CAN SAY
2 min	Welcome 	Connecting your team to the purpose of today's video HOW TO DO IT: <ul style="list-style-type: none"> Gather your team around a screen so they can see and hear the video. Print the Gifts and Capacities Activity Packet for each team member. 	"Today we are going to learn a new skill that will support us in discovering more about each other and the people we support. As we continue to support people in living their best life, we want to make sure that their gifts and talents are being recognized and embraced. It is also important as a team we are acknowledging and celebrating each other gifts! Today we will spend some time discovering each others gifts and discussing how we can use the skill with the people we support."
10 min	Play Video 		
20 min	Group Activity 	Discover the unique gifts and skills of each member of the team. HOW TO DO IT: <ul style="list-style-type: none"> Pause the video at 10 min 50 sec Print out a copy of the Gifts and Capacity Activity Packet for each member of your team Group your team into partners. 	"Does anyone have any questions on what we are doing? Great, let's go ahead and break into partners. One person will spend the first 5 minutes telling your partner about an event you were proud to be a part of. After 5 minutes, the partner who was listening, will list the gifts they heard within your story. Please be sure to write them down on your gifts and capacity activity sheet. After 10 minutes, we will switch. After the activity you can take extra time to ask each team member to share a few of their gifts they were able to discover in the conversation.



If you have an odd number of team members create one group of three
If you are facilitating via zoom, you'll place the pairs in a breakout room for 20 minutes, broadcasting to switch at 10 minutes.

